

PHILADELPHIA

WOMEN'S GOLF REPORT



One of the most significant issues in golf right now is the oppressive heat and humidity that has settled over this part of the country in recent weeks. The weather conditions have not only created additional challenges for golfers, but also additional burdens for golf course superintendents across the region.

The members of the Golf Course Superintendents Association of America are some of the unsung heroes in the golf industry. Each year the heat and humidity extract a toll on golf courses throughout the Middle Atlantic region.

Each day, superintendents and their staffs face the formidable challenge of creating suitable playing conditions for their members and customers while at the same time maintaining healthy turf in probably the most difficult part of the country to grow grass in.

On occasion these two goals conflict with one another. Stories abound of superintendents whose advice on course conditions was disregarded by their members and were later held accountable, despite being proven right in the end.

All of us who play and love the game owe golf course superintendents a debt of gratitude.

Rick Woelfel
Editor-in-Chief

Herman Dominates at Garden State Stroke Play

By Rick Woelfel

Sherry Herman was looking relaxed and comfortable on the golf course. That meant big problems for the rest of the field at the Garden State Women's Golf Association Stroke Play Championship.

The Hollywood Golf Club veteran took center stage at Hamilton Farm Golf Club by firing rounds of 70-74 to complete the 36 holes at even par 144. It was her sixth Stroke Play title; her previous wins came from 1995-97, 2001, and 2003.

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Herman's closest pursuer was reigning WMGA Match Play champion Sue DeKalb who finished six shots back at 150. Fran Gacos (Copper Hill) wound up at 153. Under GSWG protocol she was officially designated the runner-up since DeKalb was the low net winner.

Alison Kucinski (North Jersey) finished at 153. Ann Probert (Somerset Hills) was at 159 while defending champion Alicia Kapheim (Hopewell Valley) and Mary Eichhorn (Spring Lake) were both at 160. At 5,491 yards Hamilton Farm played nearly 1,100 yards shorter than it did when the LPGA Tour

players visited in May for the Sybase Match Play Championship. The competitors played the holes in their traditional sequence (the nines were reversed when the tour was in town). But the green complexes and the adjacent bunkers were as formidable as ever and Herman dominated from the start, opening with a 2-under-par 70, the low round of the tournament.

"I putted exceptionally well," Herman said of her opening round. "I made a lot of putts. Some of them were very close, some were 12-15 feet."

Herman played the first six holes of her final round in one under par to tighten her hold on the championship. She cooled off somewhat after that but her lead was never in jeopardy, in large part because the golf course offered so few opportunities to make up ground.

"I played a little safe," Herman said. "I wasn't trying to do some things. I think when you play that way sometimes you end up making a couple bad swings, which is exactly what happened to me today."

The field experienced Hamilton Farm's visual splendor, but also got a full dose of its challenges. Stephanie Moray (Shackamaxon) tied for 15th at 169. "It's a magnificent course," she says. The scenery is superb and I thought it played very fairly. It penalized you if you weren't on line and it rewarded you if you hit the ball well."

Jill Boughrun (Beacon Hill) finished at 172 after a pair of matching 86s. "It's hard to play golf," she said, "You just want to look around at everything. It's a beautiful place."

"The tees were in good places, they weren't too far back."

Herman appreciated the setting as much as anyone else while also adding to an already impressive list of accomplishments.

When she holed her last putt at Hamilton Farm, Herman had achieved the unique distinction of holding the U.S. Senior Women's Amateur, North-South Senior, New Jersey Women's Amateur, Elizabeth Goss Round Robin and GSWG Stroke Play titles simultaneously.

"I haven't stopped smiling since October," she said. "I think it's such a big relief that I finally got my (USGA) championship that I've been wanting and I'm just full of pride. I'm just thrilled. I didn't know what to expect this year. I didn't want to put any pressure on myself.

But then you don't want to play bad as the champion," she said with a laugh.

In a more serious vein, Herman says she feels she's playing better now than she was early in the season. "At the beginning of the season I wasn't playing that well," she said, "but now I like to say that my game is back together where I'm really happy with it."

Sherry Herman (Hollywood)	70-74—144
Sue DeKalb (Bamm Hollow)	77-73—150
Fran Gacos (Copper Hill)	76-76—152
Allison Kucinski (North Jersey)	76-77—153
Helen Bernstein (River Vale)	80-75—155
Ann Probert (Somerset Hills)	77-82—159
*Mary Eichhorn (Spring Lake)	83-77—160
Alicia Kapheim (Hopewell Valley)	77-83—160
Nathalie Lota (North Jersey)	84-79—163
Barbara Hulke (Roxiticus)	81-83—164
Karen Marzulli (Deal)	81-83—164
Liz Martin-Garuba (Plainfield)	82-83—165
Kathleen Sullivan (Essex Fells)	78-89—167
Kim Smith (Copper Hill)	77-90—167
Stephanie Moray (Shackamaxon)	83-86—169
Christine Silen (Upper Montclair)	86-83—169
Donna Cortina (Cherry Valley)	84-86—170
Liz Hickey (Spring Lake)	83-87—170
Muffy Finken (Bedens Brook)	84-87—171
Jill Boughrun (Beacon Hill)	86-86—172
Donna Pla (Hollywood)	87-85—172
Jesse Clancy (Essex County)	87-87—174
Mary Ann Richer (Canoe Brook)	89-85—174
Gloria Shea (Deal)	86-89—175
Linda Leahy (Fairmount)	86-89—175

*Eichhorn won a match of cards

Low Net: Sue DeKalb: 144



Sherry Herman



Allison Kucinski

Ladden Claims Philadelphia Women's Amateur Title

By Rick Woelfel

The Philadelphia Women's Amateur championship once again rests in the hands of Laura Ladden. Ladden bested Dana Voss 8 and 7 in the 36-hole final Friday over Ladden's home course at Whitford Country Club to win the 110th edition of the championship.

It was the eighth Women's Amateur title for the 34-year old, moving her into fourth place on the all-time list.

Helen Sigel Wilson won 12 titles between 1941 and 1972. She also won two "interim" events that were played in place of the Women's Amateur during World War II.

Ann Laughlin, who lost to Voss 1 up in this year's semifinals, is next with 11 titles. Nonna Barlow is third with nine.

Ladden won her first Women's Amateur title in 1995 at age 19, but the joys of competitive success have never ebbed.

"It's just as much fun to play in," she says, "and it means just as much. The history of this tournament is so great. It's really nice to have my name be put on that trophy for another time. With the usual match-play concessions, Ladden played the 29-hole match in the equivalent of even par.

Voss, who plays out of Hartefeld National Golf Club, was competing in her first Philadelphia Women's Amateur.

The 18-year old took the lead at the 172-yard par-3 second when she wound up in greenside rough, but chipped in from 55 feet for birdie.

Ladden responded with a birdie at the 467-yard par-5 fourth and took the lead at the seventh when Voss put her approach at the 305-yard par-4 in a hazard.

Voss missed the next two greens and lost both holes to allow her opponent to increase her lead.

Ladden found another gear at the 332-yard par-4 11th. She chose an 8-iron for her approach from 110 yards and knocked it to four feet, before draining another birdie putt. That shot altered the tone of her round.

"I was up at that point," she said, "but I was just playing steady golf, but it wasn't anything really good."

That changed when Ladden made her birdie putt to go 4 up, then followed up with a birdie at the 440-yard par-5 12th and won the par-3 13th with a par to build a 6-up advantage.

Voss won the 14th with a par, but Ladden took a 6-up lead to lunch after finishing her morning round with

a spectacular bunker shot at the 358-yard par-4 18th that allowed her to halve the hole.

Her opponent won just two holes during the afternoon round.

"I knew if just made pars I was going to be okay," Ladden said. "The (20th) hole was not good, but other than that, I was just trying to keep it in play and make her have to play really hard."

For Voss, who graduated from Rustin High and will play golf at Wisconsin this fall, the Women's Amateur was just her second chance to compete against adult amateurs.

"Laura played great," she said. "I didn't exactly play my game today. My short game was a little off."

Voss looked at the experience as another step in her maturation as a golfer.

"I definitely learned a lot," Voss said, "that every shot counts, and you can always come back from being down which I did in other (matches), just not today."

The win was particularly meaningful for Ladden, who learned the game at Whitford from her father, Harry Hammond, Whitford's longtime head golf professional. Today Ladden's husband Mike is in charge of Whitford's golf shop.

"Luckily the members here let me play," Ladden said, "otherwise I probably wouldn't have had the opportunity. So it means a great deal. A lot of these members are like family to me."

Ladden won the Women's Amateur title four years in succession from 1995-98 and three more from 2006-08.

Chip shots—Defending champion Laura Reynolds (West Chester) fell to Merion veteran Nancy Porter 2 and 1 in the first round. The longest match of the week was Ladden's 22-hole win over Catherine Elliott (Applebrook) in the semifinals.

First Round

Nancy Porter (Merion) def. Laura Reynolds (West Chester) 2 and 1; Ann Laughlin (Riverton) def. Kerry Rutan (Philadelphia Cricket) 2 and 1; Dana Voss (Hartefeld National) def. Jan Albert (Philadelphia Cricket) 1 up; Kelli Pry (Coatesville) def. Bonnie George (Philadelphia Cricket) 7 and 5; Laura Ladden (Whitford) def. Ruth Averback (Cedarbrook) 6 and 4; Liz Haines (Merion) def. Judy Owens (Waynesborough) 3 and 2; Catherine Elliott (Applebrook) def. Judy Dwyer (Lehigh) 4 and 3; Alexandra Frazier (Gulph Mills) def. Jean Paddison (Huntingdon Valley) 2 up.

Quarterfinals

Laughlin def. Porter 2 up; Voss def. Pry 3 and 2; Ladden def. Haines 3 and 1; Elliott def. Frazier 6 and 5.

Semifinals

Voss def. Laughlin 1 up; Ladden def. Elliott 22 holes.

Championship

Ladden def. Voss 8 and 7

First Flight Final

Hilary Lassoff (Spring Mill) def. Susan Kirk (Tavistovck) 3 and 2.

Medalist: Laura Ladden 74



Laura Ladden

Algiero Takes Second WMGA Major of the Year

By Rick Woelfel

It's been a hot summer for Laura Algiero in more ways than one.

The Westchester Hills Country Club veteran was the class of the field at the 33rd Women's Metropolitan Golf Association Stroke Play Championship at Alpine Country Club in Alpine, N.J.

She turned in rounds of 77-76 to finish the 36-hole test at 5-over par 148 and claim the Stroke Play title for the third time. Her previous wins came in 2005 and '08. It was also her second major championship win in 42 days; she won the Met Amateur at Forest Hill Field Club in June.

Reigning WMGA Player of the Year Becky Montgelas (Wee Burn) finished alone in second place at 157. Corina Cetateanu (Middle Bay) was at 159 while Sue DeKalb (Bamm Hollow) wound up at 161.

Algiero's opening 77 gave her a two-shot edge over Montgelas after an opening round that featured hot, humid conditions plus a rain delay. Due to the rain the course wound up playing somewhat longer than its listed 5,853 yards.

For the finale however the greens were softer than they had been the previous day.

"There was no roll in the fairway," Algiero said. "But the greens were more receptive." Algiero added two shots to her lead at the start of her final round by recording a birdie at the par-4 second hole while Montgelas, her playing companion, bogeyed the same hole.

Algiero herself went on to bogey three of the next five holes. Montgelas briefly cut the deficit in half, but Algiero led by three as she stood on the eighth tee, then promptly extended her advantage by making birdie. She went on to play her last 11 holes in even par and finished the round with eight straight pars.

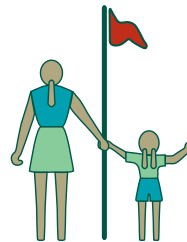
It should also be noted that Algiero, one of the shorter hitters in the field, played her final round without three-putting.

It was her second career win at Alpine; playing with her mother she won a mother-daughter event there a number of years ago.

Because she has a full-time job, Algiero doesn't play as much tournament golf as some other competitors, but enjoys the experience when she does.

"This isn't my job," she says. "If I play badly I'm still going back to work the next day. I pick the tournaments I have fun playing in."

Laura Algiero (Westchester Hills)	77-76—153
Becky Montgelas (Wee Burn)	79-78—157
Corina Cetateanu (Middle Bay)	81-78—159
Sue DeKalb (Bamm Hollow)	80-81—161
Sharon Hoffman (Seawane)	86-77—163
Carly Nathanson (Cold Spring)	84-79—163
Sarah Guarascio (St. George's)	87-77—164
Paige Pillar (Eagle Oaks)	85-80—165
Yvonne Thiel (Whippoorwill)	83-82—165
Cheryl Brayman (North Shore)	87-80—167
K.C. Maloney (Montclair)	82-85—167
Tracy Meerwarth (Baltusrol)	84-84—168
Jane Linn (Hamilton Farm)	89-82—171
Lee Ann Lewis (Southward Ho)	89-82—171
Gail Flanagan (Westchester)	84-87—171
Denise Martorana (Southampton)	83-88—171
Alicia Kapheim (Hopewell Valley)	91-81—172
Brook Rohrbach (Winged Foot)	90-82—172
Fran Gacos (Copper Hill)	87-85—172
Donna McHugh (Forest Hill)	88-85—173
Susan Sardi (Cherry Valley)	87-86—173
Chloe Altchek (Westchester)	87-86—173
Kile Keever (Woodway)	86-87—173



Dana Burleigh Finds Golf Again

By Rick Woelfel

There was a time when Dayna Burleigh thought about playing golf for a living. That was before she found herself drained of her enthusiasm for the game and went two years without touching a club. Today, Burleigh has rediscovered her passion for golf. She's in her second season as an assistant at Philadelphia Cricket Club and is working toward becoming a PGA professional.

In a sense, she has found her way back home. Burleigh began playing golf with her grandfather at Fairways Golf Club in Bucks County.

When she reached high school she began playing out of Talamore at Oak Terrace where she got to know Jim Smith, Jr. the head golf professional at the time who is now her boss at Philadelphia Cricket. The club offered an extensive junior program and Burleigh took advantage of the opportunity to develop her game. She also helped out in the golf shop and picked up range balls on occasion.

Burleigh played number one on the boys' team at Hatboro-Horsham High (which played its matches at Talamore), was a team captain twice and was the team's Most Valuable Player.

She also reached the round of 16 at the 2000 U.S. Girls Junior before going on to Michigan State where she had a solid college career. She also qualified for the 2003 U.S. Women's Amateur at Philadelphia Country Club and reached the finals of the 2005 Philadelphia Women's Amateur.

But around the time she was completing her eligibility at Michigan State, Burleigh started to realize she didn't want to spend her life as a professional golfer and that that she was in fact, growing tired of the sport.

"I kind of got sick of traveling and being on the road," she says, "and kind of got burned out. I decided I didn't want to pursue a career as a tour professional. So I actually stopped playing for two years. I didn't pick up a club at all."

Burleigh finished her requirements for her degree in dietetics and spent a year doing an internship in the Detroit area before deciding to head home to Philadelphia.

She was doing outside services work at Talamore at Oak Terrace when she was offered a job as an assistant at Philadelphia Cricket under Smith, who is the club's director of golf. For a woman who still loved the game, it was a natural fit.

"It was definitely something I could do right away," Burleigh says. "Golf has always been a love of mine, so anything in the golf business would have been a good situation. It turned out to be pretty fun."

There is a vast difference in the job descriptions of a professional golfer and that of a golf professional.

Burleigh however, has long understood the difference.

"I think the fact that she's got a golf background is obviously helpful," Smith says. "Having grown up in golf and understanding how to play at a high level is an advantage when you walk into a situation like this."

"I think she realized what she wanted to do. It's easy to go to work and give the effort you need to give when you love what you're doing."

Burleigh has always considered Smith a major influence. "He is a big influence on everyone. The way he runs his operation, everyone wants to ultimately be like him."

Burleigh has had a wide variety of responsibilities in her first two seasons. She's handled outings, supervised junior team matches, and has handled merchandising responsibilities, along with doing some teaching.

As she has gained experience and become more comfortable in her surroundings, Smith has broadened her responsibilities,

"It's more challenging and more enjoyable," Burleigh says. "I'm becoming a bigger part of the picture."

Recalling her own days as an up-and-coming junior golfer, Burleigh enjoys watching the juniors at Philadelphia Cricket hone their games. "The juniors here are pretty lucky to have 36 holes and a top practice facility," she says, "and a golf professional staff to take care of them. It's fun to see."

Burleigh, who just turned 26, isn't sure where she wants her golf career to take her. She spent last winter working at The Hideout in Naples, Fla. to gain experience.

Her lesson book is starting to fill up but she also enjoys working in the business side of the golf industry. For the moment, her future is a vast ocean waiting to be explored.

"I'm still kind of up in the air about it," Burleigh says. I really do enjoy teaching. I'd like to get out and watch more pros give lessons, and build my clientele. But I also like the business side. So I'm not really sure where I'm going yet."



Dayna Burleigh

Golf Course Superintendents Dealing With The Heat

Prolonged periods of high temperatures, and in some cases, excessive rainfall, and high humidity have made life uncomfortable for golfers and golf courses alike, with Mother Nature holding all the cards for true relief.

"The simple fact is the cool-season turfgrasses such as bentgrass, fescue, bluegrass, annual bluegrass (*Poa annua*) and others are stressed when temperatures climb and humidity is high," Clark Throssell, Ph.D., director of research for the Golf Course Superintendents Association of America, said. "Golf courses in many parts of the country experience this every year, however what makes the situation so dire this year are the high levels of extended heat and humidity, and the sizeable part of the country affected (Midwest, Mideast, Northeast and Mid-Atlantic)."

According to Throssell, golf facilities and those entrusted with managing the golf course – golf course superintendents – are not alone in this battle with the elements. However, the nature of their product makes their challenge greater.

"We are certainly seeing homeowners, athletic fields and businesses suffer turfgrass damage brought on by the conditions," Throssell said. "What makes it more difficult for golf facilities are the mowing heights are much lower and traffic is much heavier. That just adds to the stress on the turfgrass."

Throssell indicates that golf course superintendents are addressing the issue with a variety of management practices to make sure turfgrass survives. While there may be some short-term impact on playability of the course, the alternative is the loss of grass, the closure of the course and the additional costs of re-establishing playing surfaces (primarily putting greens).

He also cautioned golfers from thinking that water, whether from rain or irrigation, is the answer to the ills. There is a difference between heat stress and drought stress. Adequate irrigation will alleviate drought stress. Adequate irrigation will not alleviate heat stress. It is not only possible, but likely, for a turfgrass plant to be adequately watered and still suffer from heat stress under extended periods of high temperatures.

Among the practices that superintendents are implementing to manage golf courses include:

Raising the mowing heights of playing areas, most notably putting greens.

Alternating daily practices of mowing and rolling putting greens, with consideration to skipping a day if the schedule of play allows.

Forgoing double mowing, topdressing, verticutting or grooming greens.

Watering to provide adequate soil moisture, but not overwatering as saturated soil will cause the turfgrass to decline rapidly.

Hand watering as much as feasible. If a green has a dry spot or two, superintendents will hand water the dry spots only and will not water the entire green. When the entire green shows stress from a lack of water, superintendents use the overhead sprinklers and water the entire green.

Avoid aerifying using large diameter tines that penetrate deeply into soil and remove a core of soil. If a superintendent feels the putting surface is sealed, venting using small diameter solid tines or other similar technique is employed. If fertilizer is required, small amounts of fertilizer are applied via a sprayer and observation of the response occurs before fertilizing again.

Monitoring and adjusting golf car traffic patterns to minimize stress to turf.

Throssell indicated that during periods such as this, it becomes easy to compare golf course conditions and pressure decisionmakers into actions that might prove detrimental to the long term health of the playing surface.

"Communication is vital," Throssell said.

"Superintendents, golf professionals, owners, managers and others must be in constant contact with golfers to educate them on what is happening at the facility. But golfers must also understand that golf courses are like snowflakes – no two are alike. Some courses may be able to withstand the challenges of Mother Nature better than others because of better drainage and soil conditions, better air flow due to the placement of trees, less traffic or the presence of greater financial resources."

"We know the weather conditions will become more agreeable. What is important right now is to manage the golf course in a manner so that turf can be kept alive until that point."

Provided by the Golf Course Superintendents Association of America

DiLisio Wins Philly Junior Girls Crown

Isabella DiLisio of Talamore at Oak Terrace claimed the Philadelphia Junior Girls championship for 2010 with a 2-and-1 win over Annie Caglioti of Tavistock in the 18-hole championship match at Phoenixville Country Club.

DiLisio was the medalist in qualifying after shooting an 83,

She won three matches to claim the title; her first-round opponent, Katie Dunphy of North Hills, was forced to default because of injury. She bested Madison Gilmartin of Spring Ford 7 and 5 in the semifinals.

Quarterfinals

Isabella DiLisio (Talamore) def. Katie Dunphy (North Hills) via injury default; Madison Gilmartin (Spring Ford) def. Sarah Easton (Manufacturers) 7 and 5; Annie Cagliotti (Tavistock) def. Jamie Susanin (Overbrook) 4 and 3; Caroline Sawin (Merion) def. Christie Drumm (Loch Narin) 4 and 3.

Semifinals

DiLisio def. Gilmartin 5 and 4; Cagliotti def. Sawin 6 and 5.

Championship

DiLisio def. Cagliotti 2 and 1

Herman Wins Elizabeth Goss Round Robin

Reigning U.S. Senior Women's Amateur and New Jersey Women's Amateur champion Sherry Herman added another title to her resume by winning the Elizabeth Goss Round Robin title. She had to outlast one of the Garden State Women's Golf Association's toughest competitors to do so.

Herman, who plays out of Hollywood Golf Club, finished three days of play at Rumson Country Club with 16 points under the Nassau scoring system.

Alicia Kapheim of Hopewell Valley was just behind her with 15.5. Sue DeKalb (Bamm Hollow) was third in the Championship Robin (Championship flight) with 10.5 points, followed by Mary Eichhorn (Spring Lake) and Kristen Nash (Montclair) with 10 points each.

Under the rules of the competition the eight women in the championship flight played Nassau-style matches against one another over a three-day period.

Six of the eight have won major championships.

Championship Robin

Sherry Herman (Hollywood)	16.0
Alicia Kapheim (Hopewell Valley)	15.5
Sue DeKalb (Bamm Hollow)	10.5
Mary Eichhorn (Spring Lake)	10.0
Kristen Nash (Montclair)	10.0
Fran Gacos (Copper Hill)	9.0
K.C. Maloney (Montclair)	8.5
Kathy Carter (Rumson)	4.0

First Robin

Liz Hickey (Spring Lake)	18.5
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Second Robin

Sue Sardi (Cherry Valley)	18.5
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Third Robin

Barbara Collin (Maplewood)	16.0
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Fourth Robin

Donna Pla (Hamilton Farm)	20.5
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Fifth Robin

Linda Chirichella (Hamilton Farm)	17.5
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McDaid Takes Met Open Women's

Becky McDaid played two solid rounds of golf to capture the 23rd Women's Metropolitan Open title over one of the season's strongest fields. McDaid, an assistant professional at Friar's Head, shot rounds of 68-71 to finish two trips around GlenArbor Golf Club in Bedford Hills, New York at 5-under par 139. The course played to 6,039 yards for the championship.

McDaid, who won the 2002 U.S. Women's Amateur title as Becky Lucidi, finished two shots clear of former LPGA Tour player Michelle Dobek (Old Oaks), who wound up at 141 after a final-round 73. Reigning LPGA T&CP national champion Jean Bartholomew (The Creek) wound up alone in third place at 146.

Alicia Dibos (Winged Foot) and Trish Certo (Willow Ridge) were at 150.

Chery; Brayman (North Shore) was the low amateur in the field, tying for ninth place at 153. Of the 42 players who made the 18-hole cut, 11 were amateurs.

The field was liberally sprinkled with former LPGA Tour players. Of the top 12 finishers, nine played the tour at one time or another.

McDaid's winner's check was worth \$4,000.

Becky McDaid (Friar's Head)	68-71—139
Michelle Dobek (Old Oaks)	68-73—141
Jean Bartholomew (The Creek)	74-72—146
Alicia Dibos (Winged Foot)	77-73—150
Trish Certo (Willow Ridge)	73-77—150
Christine Greatrex (Bare Burn)	75-76—151
Sue Ginter (Rolling Hills)	75-76—151
Lynn Valentine (Fresh Meadow)	73-78—151
a. Cheryl Brayman (North Shore)	77-76—153
Kammy Maxfeldt (Birchwood)	77-76—153
C.J. Reeves (Century)	75-78—153
Julie Kim (Harbor Links)	74-79—153
Debbie Doniger (GlenArbor)	77-77—154
Melissa Dziabo (Edgewood)	76-78—154
Amy Malinaric (Elmwood)	74-80—154
Marina Marshall (Apawamis)	80-75—155
Julie Peluso (Sunningdale)	80-75—155
a. Kelly Shon (Douglaston Park)	78-77—155
Margaret Platt-Klaus (Ridgewood)	78-77—155
Dana Bates (Quaker Ridge)	77-78—155

Fun Day Grows The Game

By Rick Woelfel

The audience consisted of 15 or so girls between the ages of 9 and 17, along with several parents. Collectively, they provided a look at the future of the game.

The occasion was a Junior Golf Fun Day arranged by the Pennsylvania State Women's Golf Association.

Rain forced the event to be moved from the range at Huntingdon Valley Country Club to an upstairs ballroom, but did little to discourage the attendees.

The event was put together by Hilary Mainka, a Huntingdon Valley member who picked up golf as a teenager and played at Germantown Academy before going on to play college golf at Bucknell.

"The whole purpose is for it to be fun, not competitive," she says. "Introduce people to the game who might not be comfortable (in other situations) and keep it casual."

PGA professional Mike Dynda conducted the clinic. Because of the weather, the participants couldn't hit balls but Dynda who teaches at Blue Bell Country Club spoke about various elements of the game and took questions from the young golfers and their parents.

Dynda, who has worked with several LPGA Tour players and is the father of teenage daughter himself, touched on a variety of subjects ranging from the short game, to practice routines, to tips on earning a college golf scholarship.

"Anything you can do to get them excited about golf, playing a little more golf, and getting a little better every day, anything we can do to help encourage that is all for the better," Dynda says.

It's not uncommon for young girls to start playing golf while they're in grade school only to set it aside during their teenage years for one reason or another.

Mainka started playing golf with her father when she was in grade school, before starting to play in tournaments at age 12. She says her early exposure to the game influenced her to keep playing it later on.

"I was lucky enough to have a good environment around me," she says, "some junior girls and junior programs, the Women's Golf Association of Philadelphia, the Pennsylvania State Women's Golf Association; I played in those tournaments when I was younger. I made a lot of friends through that. The networks I made in those events, those were the girls I stayed friends with and that's why I continued on with it."

Events like the one at Huntingdon Valley will help other girls "Continue on with it."

They aren't intended to uncover future LPGA Tour stars or even future college players.

Instead, they serve the greater purpose of providing support and encouragement to young golfers, who in all likelihood won't earn a living or pay for an education through the game, but may well derive a lifetime of pleasure from it. When those who love the game, like Hilary Mainka, give back to it, all golfers benefit and the game prospers.

High School Gils Tournament Coming to Lehigh Valley

Marian Catholic High School, Tamaqua, Pa; is hosting an All Girls Golf Tournament for students in grades 9 thru 12 on Thursday, August 19, 2010. The 18-hole event will be held at the Mt. Valley 36 hole complex located in Barnesville, PA. The tournament is open to any female student, as an individual or as part of a High School team. Trophies will be awarded as follows: Overall low net, low net in each of the classes, i.e. 9th, 10th, 11th, and 12th grade, and team competition; a team plaque will also be given containing the names of all members. A "shotgun start" is planned for 10:00 AM. Contestants will be provided with a light lunch prior to the event with dinner following the competition. The cost is \$18 per competitor. For further information coaches or those interested, may call 570-875-9956 or e-mail to lenbski@ptd.net.

Grace Keys Cup

Claire Sheldon, who recently completed her college career at Harvard, came out on top in the Grace Keys Cup at Plymouth Country Club in Plymouth, Mass. Sheldon, who plays out of The Country Club, shot rounds of 75-72 to finish the 36 holes at 7-over par 147. Mary Chamberlain who, like Sheldon, played for the 2010 WGAM Griscom Cup team, finished one shot back at 148. Plymouth Country Club played to 5,891 yards for the event.

Claire Sheldon	The Country Club	75	72	147
Mary Chamberlain	Cummaquid Golf Club	78	70	148
Anne Fraser	Larry Gannon Municipal Golf Cr	76	74	150
Kristen MacDonald	Thomson Country Club	75	77	152
Natalie Galligan	Brae Burn Country Club	77	76	153
Mary Gale	Bedrock Golf Club	82	75	157
Annette Gaiotti	Olde Barnstable Fairgrds G.C.	79	79	158
Joanne Catlin	Winchendon Golf Club	79	80	159
Wallace Hamerton	Olde Barnstable Fairgrds G.C.	81	78	159
Tara Joy Connelly	Cohasset Golf Club	79	80	159
Pam Kuong	Charles River Country Club	81	78	159
Cindy Fentross	Wedgewood Pines Country Club	83	77	160
Chris Coughlin	Green Hill Golf Course	81	80	161
Karen Richardson	Far Corner Golf Club	84	80	164
Elise Lemons	Cyprian Keyes Golf Club	86	79	165
Marion Maney	New England Country Club	85	80	165
Christine Gagner	Bedrock Golf Club	84	82	166
Lisa Anderson	Ferncroft Country Club	84	83	167
Cynthia Friend	Oak Hill Country Club	81	86	167
Emily Gordon	Belmont Country Club	79	91	170
Elaine Joyce	Dennis Pines Golf Club	90	80	170
Victoria MacKay	Southers Marsh Golf Club	86	85	171
Mimi Johnson	Wedgewood Pines C.C.	88	85	173
Maryann Vierra	Black Rock Golf Club	84	90	174
Paula Boulette	Hopedale Country Club	95	82	177

Wagner Wins New Jersey Women's Public Links

Kristina Wagner's 75 gave her a four-shot victory at the seventh annual New Jersey State Golf Association Women's Public Links Championship at Valley Brook Golf Club in River Valley.

Wagner, who plays out of Mattawang Golf Club, also won low net honors with a 67.

Ellie Yim of Beaver Brook finished alone in second place with a 75, the only other player in the field to break 80. Sue Dahabsu of Suneagles was third with an 81.

Kristina Wagner (Mattawang)	75	Courtney Kling (Hominy Hill)	89
Ellie Yim (Beaver Brook)	79	Karen Jones (Eagle Ridge)	91
Sue Dahabsu (Suneagles)	81	Anna Turner (WGA of NJ)	91
Julia Rappa (Darlington)	83	Toniann Bergamini (Fairway Valley)	92
Carolyn Cook (Pinch Brook)	84	Ruth Weil (EWGA- North NJ)	94
Gail Chwazik (Green Knoll)	86	Madeline Herbert (Paramus)	95
Lisa Dillon (Galloping Hill)	86	Joy Ralston (Pinch Brook)	96
Nancy Vasile Paramus C.C.	86	Lillian Bertoldo (Suneagles)	98
Song Sungeun (Bey Lea)	87	Anna Garelick (Plainfield West Nine)	98
Robin Giordano (Colts Neck)	88		
Jacqueline Holle (Architects)	88		
Marge Zietchick (EWGA- North NJ)	88		

All Photos in this
issue by Rick Woelfel

Barnsley Dispels Some Golfing Myths

By Chelsea Richardson

When it comes to experience, few golfers, male or female, have as varied a background as PGA and LPGA member Jennifer Barnsley. The Philadelphia native had several wins during her amateur career while playing golf for Marshall University, including placing as runner-up in the 1984 Philadelphia Women's Amateur Championship and winning the 1985 Mexican Amateur. In 1985 Barnsley began competing at the professional level in, not only the United States, but internationally as well. In addition, she spent 1992 on the LPGA tour.

Barnsley's impressive resume doesn't stop at playing, however. Her teaching career began working for the highly acclaimed, former Tiger Woods instructor, Hank Haney in 1993. While she worked with players of all backgrounds, much of her time was spent with women and juniors. A great deal of the junior program's growth can be attributed to her work. Since her decade-long stint as instructor and Head Golf Professional at the Dallas facility, Barnsley has taught and worked as a professional at several courses. She taught at Cedarbrook Country Club in Philadelphia in 2005 and, alongside her husband, ran the Barnsley Golf Academy at Meadowlands Country Club until 2008. Currently, she and her husband make up the head professional husband-wife team at Race Brook Country Club in Orange, Connecticut.

Barnsley recently relayed what she calls the "three most important myths in women's golf." And with such an extensive set of credentials, one would be mad not to take her pointers to heart. Players of all skill levels should find these tips advantageous to their game.

Myth #1: Swing Slow and Easy

It seems like women are constantly told to swing "slow and easy." Many believe that this will allow more control, which is true in part. Barnsley, however, insists that the majority of women swing too slowly. While slowing the swing "does gain immediate control," it typically "lasts only a few shots." A bad swing doesn't improve simply by slowing it down; it just causes a bad swing that's slower. Ideally, you want to "develop a better swing that can handle speed." This will result in greater distance, precisely what most women golfers want. She asserted that the average swing speed of a female tour player is some 40 miles an hour faster than that of the average player. That is what allows women like Annika Sorenstam to send the ball flying a remarkable 260 yards. So if you want to add distance to your drive, "start swinging faster. Speed gives you your ultimate potential in golf."

Myth #2: Keep Your Head Down

What's the one word of advice you've heard so many times it seems as if it's engrained in your brain? "Keep your head down." But according to Barnsley, heeding this advice could have negative effects on your game. She claims that "keeping your head down slows down the golf swing." Instead, you want to keep the spine angle down. Doing so maintains speed and allows the body to rotate through and eventually complete the golf swing, rather than preventing it as results from keeping the head down. This motion is what is needed to handle speed. "Most women don't like a big motion because they feel lack of control in their swing," Barnsley contested. "Speed carries you through to the finish when you're not afraid to lose control."

Myth # 3: Only Serious or Better Players Need Fitted, Quality Equipment

Barnsley believes that just the opposite is the case; those that need equipment tailored just for them the most are women, particularly beginners and intermediates. Because men have the strength that women just don't have the physical capability to match, she says "we need to find other ways to capitalize on our games." One way to do that is to have properly fitted clubs. Nearly every component of the golf club is imperative and customizable. She insists that "the most important clubs to get custom fit are the putter, wedges, and driver" simply because they are used most often. The driver should be fitted first, beginning with a higher degree. She suggested replacing a three wood with a four wood and the long irons with woods and hybrids. In addition to a professional club fitting, she recommended trying out clubs "either on the range or even out on the course" to "see for yourself the difference in distance and feel."

Jennifer Barnsley's success in the industry, in both her own game and teaching career, illustrates the vast amount of talent that is out there. It's being concealed under slow swings and improper equipment, just waiting to be unleashed. These tips are the first steps to improvement. Keep them in mind and there's no doubt that the talent will find its way from your fingertips to the green faster than you can say "Fore."



Jennifer Barnsley

Antigua Apparel Goes Hi-Tech

By Rick Woelfel



Almost all golfers are aware of how advances in equipment technology have impacted the sport. Golf attire is going high tech as well. In recent years manufacturers have been introducing clothing that is not only stylish, but also practical enough to be worn in the office as well as on the golf course.

Sean Gregg, the lead designer for Antigua, says that over the past five years manufacturers have been creating garments designed to not only appeal to a golfer's sense of style and practicality, but also meet their needs as *athletes*.

Several LPGA Tour players wear Antigua apparel. "It was an opportunity to take what we were creating style-wise and also give it that aspect of functionality," Gregg says. "Manufacturers and designers would talk to Research and Development and find ways to take some of the weight out of the fabrics, construct them differently so that they really do function. One of the biggest aspects was moisture wicking for both men and women."

Gregg and other designers have "borrowed" technology from other sports. Some of the fabrics that have found their way into today's golf soft goods came from other sports, notably cycling and tennis attire, as well as clothing designed for referees and umpires.

"If we're going to do an argyle," Gregg says, "we can do it with a mesh pattern design so that it still function and breathes. It gives it a nice look and detail and at the same time it's unitarian while being very fashionable."

Golfers will immediately notice that moisture wick technology keeps shirts reasonably dry, even on the hottest summer days.

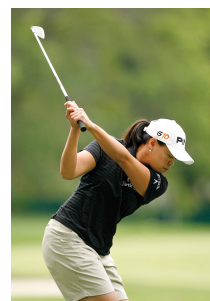
(Moisture wick) won't stop you from perspiring," Gregg says, "but it does evaporate incredibly quickly. Even though you're going to continue to perspire in it (the fabric) will keep up with it. For instance, if you were playing a round of golf and you walked into the clubhouse after 18 holes and you were wearing a cotton shirt you'd be damp for a half hour. With a moisture wicking shirt probably within the first five to 10 minutes

you don't look like you're wet at all because all the moisture has evaporated out of it."

Gregg says Antigua's new shirts are easy to care for. "You can wash it, throw it in the dryer along with your cottons, then after five minutes pull the shirt out its pretty much dry. The functionality of the fabric is really huge." While functionality and practicality are essential, Gregg says it's not necessary to sacrifice styling to achieve those aims. "We realized we're also expanding our demographic," he says. "We made a richer color palette, We were able to appeal to younger and appeal to older, based on the styling being classic and the color palette being more or less classic."

Gregg says that when he sits down to design to a garment it's important to have a grasp of what the public wants. "We want to have the right product at the right time," he says, "whether it's the silhouette of the garment, the color palette we're trying to achieve. We want to make sure we're market correct. We do a lot of research with trade publications, with fashion forecasting, with what overseas European markets are doing."

The golf market tends to be more conservative than some others, something that Gregg and his associates keep in mind. "There are guidelines that we absolutely do follow," he says. "The skirt length, the outseam is 17 inches, we can't make it shorter than that. In most all places you have to have a collar on the women's garment, so you can't just make a V-neck and think you're done with it."



Stacy Prammanasudh and Dorothy Delisan wear Antigua clothing.
Photos courtesy of Antigua

We hope you've enjoyed this edition of Women's Golf Report. We look forward to joining you again next month.

Our September issue will include coverage of the Women's Golf Association of Philadelphia's Farnum Cup, the LPGA T&CP Northeast Section Championship and a host of special features.

If you have suggestions or story ideas, please feel free to contact us at rwoelfel2@verizon.net or alisonshoel@yahoo.com.

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